

The Potpourri House

3320 Troup Highway – Suite 300

The “Fit Bite” Program is a free restaurant recognition program that highlights the local restaurants in the Tyler area that promote the menu listings that are prepared using a **healthier cooking method**.



Salads

Potpourri Strawberry Salad

Nantucket Chicken Salad

Caesar Salad

Southwest Chicken Salad

Citrus Pepper Grilled Salmon Salad

Lunch Favorites

Lite & Fancy Chicken

Marinated Chicken

Sandwiches

Fresh Smoked Turkey

The Majestic (no bacon, no ham, no cheese)

Chicken Breast

French Dip (no cheese)

Sides

Mixed Green Salad

Caesar Salad

Tossed Green Salad

Broccoli Florets

Corn

Plain Baked Potato

Strawberry House Salad

The “Fit Bite” Program makes the healthy choice the easy choice.

Are you going to order a “Fit Bite” item today?

Let us know by visiting FitCityTyler.com/FitBiteSurvey

